

Lady Elks Host Miamisburg in “Volley for the Cure ‘09”

What do the Girls Volleyball Players, Centerville and Miamisburg High Schools’ students and staff, Miami Valley Hospital’s High Risk Breast Cancer Center and the Kettering Breast Evaluation Center (KBEC) have in common? They all want to take part in the “Volley for the Cure ‘09”(VFTC) Event at Centerville High School, which benefits the Susan G. Komen Foundation.

The CHS Lady Elks will host Miamisburg Thursday night, September 10. JV takes the floor at 5:30, followed the Varsity match. Although the volleyball games are part of the GWOC schedule, both teams will take to the court to raise funds battling a common rival, Breast Cancer.

CHS Senior varsity player, Ashley Sarmiento participated in “Volley for the Cure ‘07” and is very enthusiastic about this year’s event. "I am so excited for the opportunity to participate in another “Volley for the Cure” match. It was an amazing experience! The support from our fellow students, the schools and community surpasses all expectations. This year the atmosphere should be very exciting as Centerville and Miamisburg work together against breast cancer."

In the same spirit of fighting against a common foe, Miami Valley Hospital’s High Risk Breast Cancer Center and Kettering Breast Evaluation Center are helping co-sponsor this CHS “Volley for the Cure ’09” event by providing team shirts, educational materials and staffing information tables onsite during the event.

All CHS Girls Volleyball Teams: Freshman, JV and Varsity are raising funds through the sale of specially designed “Volley For the Cure ‘09” t-shirts for \$7 each. While supplies last, the shirts will be on sale starting August 27 at CHS during lunch hour, with the remaining inventory being sold at the game. In addition, players and their families are hosting a baked goods sale at school during lunch hours and concessions during the game

For Lisa Mays, CHS VFTC Event Co-Chair, this program is more than an event, it is personal and it is a cause! A breast cancer survivor herself, she knows the importance of raising awareness, the importance of early detection and the need to find a cure. “This is a positive way to fight back against a deadly disease by educating young women and raising money for research.” The entire Mays family is involved with this project. Her husband, Steve, and son, Drew will be cheering from the stands as her daughter, Sophomore JV player, Emmy Mays takes the court. Emmy is

thrilled to be involved in “Volley for the Cure”. “Knowing what our family has experienced first hand, I want to do everything I can to stop Breast Cancer. It is empowering to know you can actually make a difference by working together with your teammates, friends and the community for a common cause. “Her ten year old sister, Grace Mays, agrees and is helping to bake cookies for the event.

More than 200,000 women will be diagnosed with breast cancer this year. Regular mammograms for women over 40 could prevent up to 30 percent of all deaths from breast cancer. When detected early and still confined to the breast the 5-year survival rate is more than 98 percent, yet nearly 40,000 women die from breast cancer each year. Unfortunately, only 40% of age appropriate women get regular mammograms.

Although rare, younger women can also develop breast cancer. Approximately 10,000 women under the age of 40 will be diagnosed with breast cancer this year; about 1,000 between 20-30 years of age. Young women’s cancers are generally more aggressive. It is important for younger women to become familiar with how their breasts look and feel through monthly breast self-exams. Clinical breast exams are recommended for all women at age 20 and at least every three years until age 40 and every year after that.

Attendees of this event will watch the girls play for the Cure, while contributing to breast health awareness. Tickets are \$6 for adults, \$4 for Students, **but Students wearing the specially designed “Volley for the Cure ‘09” t-shirt will be admitted FREE.** No passes will be accepted. Games start at 5:30 PM.

The mission of Susan G. Komen Foundation is to save lives by empowering people, ensuring quality care for all, and energizing science to find the cure. Donations to “Volley for the Cure ‘09” and the Susan G. Komen Foundation will be accepted at the event. Please contact Roberta Van Winkle at 291-2015 or Lisa Mays at 438-9074 with further questions. For more information, visit Centerville Elks volleyball website at www.elksvolleyball.com.

Caption for picture: “CHS Lady Elks Volleyball Teams are ready to welcome Miamisburg to “Volley for the Cure” (Not pictured: JV Players; Taylor Myszka, Natalie Quinn)